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Wednesday, October 10, 2012

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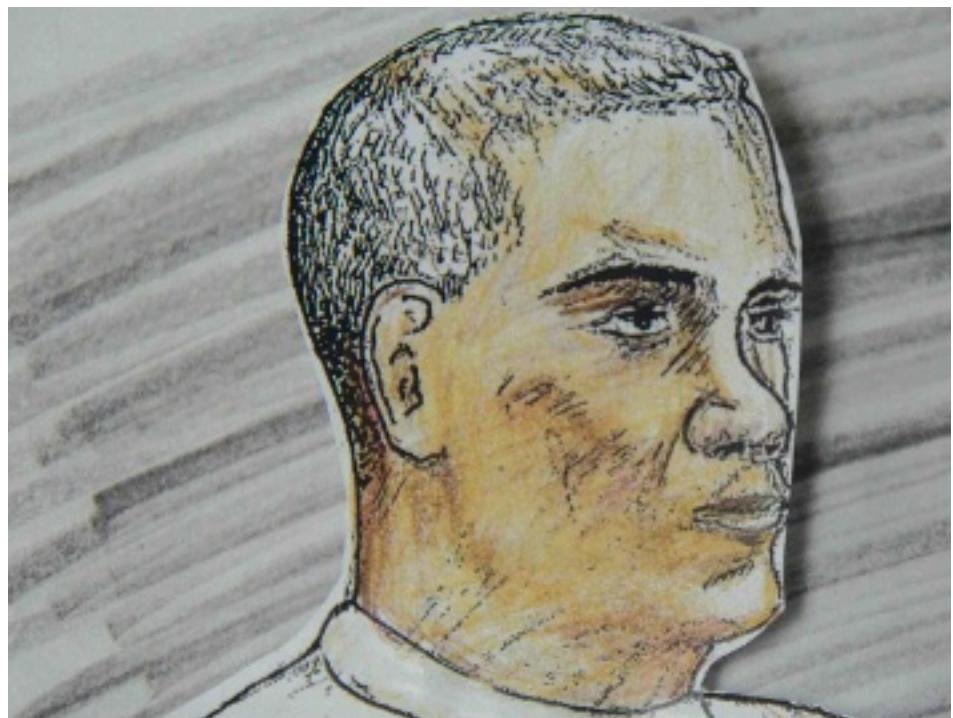
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Dunac pleads guilty to murder



A court sketch of killer Patrick Dunac and a Facebook photo of his victim Jessica Riopelle. SKETCH: SEAN MCKIBBON/METRO; PHOTO: FACEBOOK.COM



Crime. Victim's mother expected to speak at sentencing hearing Friday

 JOE LOFARO
joe.lofaro@metronews.ca

There was no mention of why the man who pleaded guilty

Tuesday in the death of 23-year-old Jessica Riopelle did what he did, only that he and his victim had high levels of drugs in their systems on the night of the gruesome killing.

Patrick Dunac's only word in court was "guilty" to the charge of second-degree murder as Riopelle's family members sat behind him in the front row.

According to an agreed

statement of facts, Dunac and Riopelle met each other in the days leading up to the March 26, 2011, killing at the Diamonds strip club and bar in south Ottawa.

Riopelle worked there as a dancer and Dunac, who was 34 at the time, was hired to do cleaning and handywork at the adjacent motel, Swiss Inn.

She had been staying in his

room from March 24 to 26 instead of the room she was assigned.

On the final night, Riopelle's friend went to look for her because she did not show up at Diamonds for her shift. When she went into the dark room, she could hear the shower running in the bathroom.

There she saw Riopelle's body on the shower-stall floor

with bloody water.

Dunac was later arrested in the motel parking lot after he hiding in the closet in Room 30.

A hammer and a box-cutter were found in the room with Riopelle's blood on them.

An autopsy found she sustained 16 blows to the face and neck, injuries "consistent with having been administered by a hammer," the statement said.

The statement also said she sustained five incised wounds to her neck "consistent with having been administered by a knife-like device, like a box-cutter."

Betty Chow, a forensic toxicologist, said Riopelle had very high levels of speed, ecstasy, hash and cocaine in her system. High levels of undisclosed drugs were also found in Dunac's system.



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Research

Fresh blood not necessarily better for premature babies: Study

Fresh blood is not any better for premature babies than that used by blood banks, says a new study from the Ottawa Hospital Research Institute.

"Before now, most of the literature on the subject suggested that fresh red blood cells are better," said lead author Dr. Dean Fergusson, who heads up the Clinical Epidemiology Program at the OHRI.

In a clinical trial published Tuesday in the Journal of the American Medical Association, Fergusson's team showed that treating premature babies with fresher blood did not lead to better outcomes.

The randomized study gave blood that was a week old or less, and blood bank hemoglobin that has a shelf life of 42 days, in transfusions for 377 babies weighing less than 1,250 grams.

"Over the years, the number of retrospective studies showing possible harm from older blood has created pressure to change the management of the blood supply to provide fresher transfusion products," said Dr. Dana Devine, vice-president, medical, scientific & research affairs of Canadian Blood Services. "This is a huge undertaking that would require many more donations than we currently have and greatly increase the cost of operating the blood system."

The effect of fresh blood on outcomes in a hospital setting had never been examined in a randomized clinical trial in humans, Ferguson said. "Now it has, and we found the standards currently in place are no different for this highly vulnerable population."

GRAHAM LANKTREE/METRO



Sporting a fake mustache, Kristina Biasotto wears her "superhero disguise" as she hands over a fresh pair of socks to Rob Mayne near the Salvation Army in the ByWard Market. Biasotto aims to bring a huge pile of socks to shelters downtown this November. GRAHAM LANKTREE/METRO

Act of kindness inspires woman

Helping out. A homeless man gave Kristina Biasotto a purple sweater and now she's returning the favour

 GRAHAM LANKTREE
graham.lanktree@metronews.ca

When a homeless man saw Kristina Biasotto was feeling cold last fall, he gave her the purple sweater off his back, and the idea that she could help people, no matter what her means.

"It opened my eyes to how charitable the world is," she said. "I still have the sweater to this day. Purple

is my favourite colour."

Now Biasotto, 21, has launched a new initiative to get the homeless one thing she says they desire most — warm, clean socks.

In May, driven to make a difference after her encounter, Biasotto and a friend pooled together \$40, bought granola bars, apples and bananas at the Rideau Street Metro and began handing them out outside downtown shelters.

"We do it two times a month," she said, standing outside the Salvation Army on George Street. "It makes us feel like we're doing something worthwhile. We stick around and talk. Some of the people asked us for socks. It got me thinking how nice it is to put on a

Quoted

"Nothing beats a nice pair of socks. They're a real pleasure to put on."

Rob Mayne, ByWard Market Salvation Army client

fresh pair. We lose a lot of heat from the tops of our heads and our feet."

Socks are an overlooked clothing donation item, she added, since thrift stores and charities regularly receive coats, pants, mittens and shirts.

Warmed by bringing a smile to someone's face, Biasotto began asking around to friends and neighbours for unused socks and

gathered together a small pile of 30 pairs.

Figuring it wasn't nearly enough to cover as many feet as she would like, she launched a Facebook campaign last Friday urging people to donate socks and join her to hand them out on Nov. 6.

"I've worked with charities, but rather than donating money, we wanted to do it ourselves," she said. "That's how we make sure it's going where it's needed. We would rather people just donate socks. That way they know exactly where their charity is going."

Warm ones and ones without holes are the best bet, she said, adding that whether they're old or new makes no difference.



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NEWS

"Big 4" offences**Police catch 13 drunk drivers, give out 700 tickets on Thanksgiving weekend**

A Thanksgiving weekend safe-driving blitz netted police 13 drunk drivers and saw them give out

700 traffic tickets.

Police targeted what they call the "Big 4" traffic offences that lead to the most accidents, including aggressive driving, distracted driving, drunk driving and seat-belt usage.

The four days of extra vigilance from October 5 to 8 were part of Operation Impact 2012.

GRAHAM LANKTREE/METRO

Clothing store**Ottawa man faces robbery charges**

A 23-year old Ottawa man is facing charges stemming from an attempted robbery last week.

On Oct. 4 a man wearing a mask and carrying a knife entered a clothing store on the 200 block of Dalhousie Street and attempted to

rob the business. Police responded and arrested the suspect on scene.

Vlad Dumitrescu now faces charges of attempting to commit an indictable offence, possession of a dangerous weapon, and wearing a disguise with the intent to commit an indictable offence. He appeared in court on October 5 and was remanded into custody.

ALEX BOUTILIER/METRO

Raising awareness**Mosque to hold blood donor drive**

On October 13, the Ottawa Muslim Association will be hosting a blood donor clinic at the Ottawa Mosque, located at 251 Northwestern Avenue, from 11:30 a.m. to 3 p.m.

The Association says it wants to raise awareness

for the need for blood and encourage its members to give back to the community by donating. "Our mission is to help Muslims understand their role in society, help them understand they have duties and responsibilities to each other, to their neighbours who might be non-Muslims, and to the whole society" says Imam Samy Metwally. **METRO**

High-density not for every neighbourhood: Councillor

Development report.
Intensification pushing into burbs, upsetting some residents

 **ALEX BOUTILIER**
alex.boutilier@metronews.ca

High-density developments are well and good, but city staff need to take into account where those developments are going, according to Marianne Wilkinson.

The Kanata North councillor said she's fighting against two proposed developments in her community that she feels are "too high" and do not fit with the surrounding area.

"They're supposed to, within existing communities, look at how (a development) fits that community," Wilkinson said.

"Each project seems to be looked at on its own, without seeing how they all fit together."

We need to have that overview for how we want to do it."

Wilkinson was speaking after a meeting of Ottawa's planning committee Tuesday morning, where the committee received an annual development report that stated the city has exceeded intensification goals between 2007 and 2011.

Over that five-year period, the "intensification share" of new units constructed was 39.3 per cent city-wide, 3.3 per cent higher than the target set out in city planning documents.

Mayor Jim Watson used those numbers in a celebratory press release Tuesday afternoon. "The marketplace — the buyers and builders — is showing that the City's development strategy does have support," said Watson in the release.

But Wilkinson said "intensification" seems to be an argument developers use to justify projects. "It has to be a certain height or they can't build it, is what they tell us."

City property values on the rise

Most suburban and rural wards will see their property tax bill decrease while most urban wards will see them go up, according to new provincial assessments revealed Tuesday.

Between 2013 and 2016, property assessment values in Ottawa will increase by an aver-

age of 25.98 per cent.

That's good news if you live in West Carleton-March ward, where values increased at 18.74 per cent. Those property owners will see a break on their bill.

Not so for Kitchissippi, where values jumped 34.48 per

cent. Those property owners will have increased costs phased in over the next few years.

At a technical briefing at Ottawa City Hall Tuesday afternoon, city staff were at pains to stress an increase in assessment does not mean an increase in

the tax rate. It's also revenue neutral for city hall — only the distribution of the tax burden increases, not the overall tax burden. City council has committed to keeping property tax increases to 2.5 per cent a year during this current mandate.

ALEX BOUTILIER/METRO

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Supersonic! Ill winds blow, so skydiver puts off 37-kilometre free fall

Extreme athlete Felix Baumgartner cancelled his planned death-defying 37-kilometre free fall Tuesday because of high winds.

It was the second time this week he has been forced to postpone his quest to be the first supersonic skydiver.

The former military parachutist from Austria had planned to ride a pressurized capsule carried aloft by a 55-storey, ultra-thin helium balloon into the stratosphere, and then jump in a specially designed suit.

Because the balloon is so delicate, it can only take flight if winds are 2 m.p.h. or

Tempting tragedy

What are the risks? One is called "boiling blood":

- Lethal. Any contact with the capsule when he jumps into space can tear his pressurized suit. The extreme cold can then cause lethal bubbles to form in his blood and bodily fluids.

Spilling the beans

Polanski victim to tell all in memoir

The former teen whom film director Roman Polanski was convicted of having sex with — leading to his flight from the U.S. — is writing a memoir.

Samantha Geimer, now 47, says in a statement

released by publisher Atria Books: "I offer my story now without rage, but with purpose — to share a tale that in its detail will reclaim my identity."

Polanski, 79, is restricted by an Interpol warrant in effect in 188 countries, but he moves freely between Switzerland and France.

THE ASSOCIATED PRESS

A 30- to 60-year term.

U.S. judge calls him dangerous and says he betrayed children and abused their trust

Reviled ex-football icon Jerry Sandusky was sentenced Tuesday to at least 30 years in prison — effectively a life sentence.

But he was defiant to the end in the child sexual-abuse scandal that brought shame to Penn State.

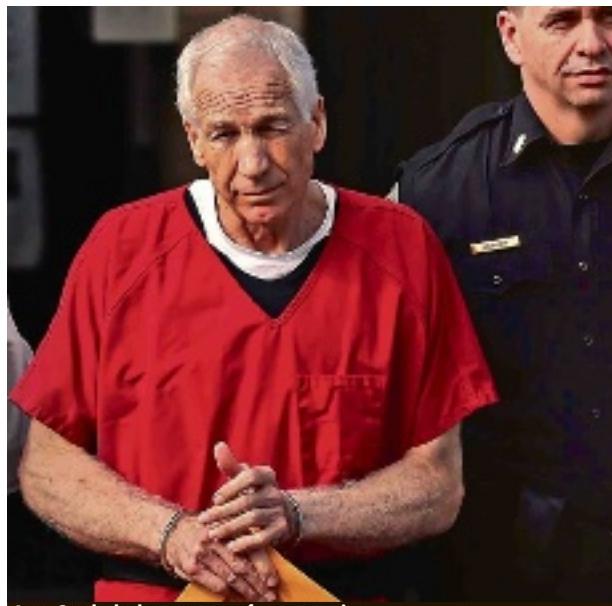
"In my heart I know I did not do these ... disgusting acts," he told a Pennsylvania court.

He also gave a rambling statement in which he talked about his life in prison and the pain of being away from his family.

"I've forgiven, I've been forgiven," he said.

"I've comforted others, I've been comforted. I've been kissed by dogs, I've been bit by dogs.

"I've conformed, I've also



Jerry Sandusky leaves court after sentencing. MATT ROURKE/THE ASSOCIATED PRESS

been different. I've been me. I've been loved, I've been hated."

Three victims spoke, often fighting back tears. One looked Sandusky in the eyes at times. Two of the men exchanged a long embrace after

court was adjourned.

The 68-year-old former Penn State assistant coach was found guilty in June of 45 counts of child sexual abuse, convicted of molesting 10 boys over a 15-year period.

THE ASSOCIATED PRESS

Canadian victims

The Jerry Sandusky case has sent ripples of revulsion into Canada.

- The James scandal.** Two of former junior hockey coach Graham James's sexual-abuse victims say they would like Canada to follow the U.S. in handing out harsh sentences to sexual predators.

- Fleury.** Former Calgary Flames forward Theo Fleury says it's important to send a message that child sexual abuse is not taken lightly. He blames the federal government for a lack of leadership.

- Kennedy.** Sheldon Kennedy would like tougher sentences as well. But he says longer jail terms are not the only answer. Canada, he says, is on the right track by educating the public.

PROVINCIAL POLICY STATEMENT REVIEW

Ontario is reviewing the Provincial Policy Statement, 2005 (PPS) issued under the *Planning Act*. The PPS provides policy direction on matters related to land use planning which are of provincial interest.

The public, municipalities, Aboriginal communities and organizations, and stakeholders are invited to attend a consultation workshop and provide input on draft PPS policies and on the legislated five-year review period for the PPS.

Date: Wednesday, October 17, 2012

Registration and Open House: 5 p.m. – 6 p.m.

Workshop: 6 p.m. – 9:30 p.m.

Location: Jim Durrell Recreation Centre

Address: 1265 Walkley Road, Ottawa, ON

Please RSVP by **Thursday, October 11, 2012**, to:

e-mail: PPSReview@ontario.ca
web: ontario.ca/PPS

Provincial Policy Statement Review
Ministry of Municipal Affairs and Housing
Provincial Planning Policy Branch
777 Bay Street, 14th Floor, Toronto, ON M5G 2E5
tel: 416-585-6014 or 1-877-711-8208
fax: 416-585-6870

Please indicate if you require special accommodation. If you are unable to attend, you may submit comments by mail or online.

A consultation document, which contains the draft PPS policies and questions to consider, is available at ontario.ca/PPS or by request.

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Girlie dancer shimmies way to green card

Science, technology and ... burlesque?

Canadian lands immigrant status in U.S. for her 'extraordinary ability'

Bettina May can shimmy like nobody else and she's convinced U.S. immigration authorities of it.

The Canadian burlesque performer and pin-up model managed to get her U.S. green card as a "resident alien of extraordinary ability," a category reserved for scientists, IT specialists, athletes, celebrities and someone "unique in their field."

Her first plans now that she has landed-immigrant status in the United States? A trip



Bettina May CONTRIBUTED

home to Victoria, B.C.

"First and foremost, it means I can come back to Canada to see my parents. I haven't been able to go home for two and a half years," May

said while she was waiting for her green card.

Leaving the U.S. would have meant "a very slim chance of getting back in," she said.

May launched her career, based on her vintage 1940s style, in Canada 10 years ago as a pin-up model and moved to New York in 2009.

Self-employed, she sponsored herself in her application to stay in the U.S.

"New York is the best city in the world for burlesque and I can make a living here. But Toronto also has an awesome burlesque scene," she said. "Now I'll be able to visit the other half of Canada and know I can come back to New York."

She also runs "pin-up class workshops" that teach women the art of makeup and hair styles that hearken to the Second World War glamour-girl era. **TORSTAR NEWS SERVICE**

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Trade tensions. Rivalry with China plays into U.S. election

Eager to expand in the United States, China's biggest technology companies face an America anxious about threats to jobs and national security.

"A lot of people in America are worried about a diminishing role in the world and China being the prime beneficiary and potentially one day moving into that top slot," said Charles Maynard, senior managing director of Business Development Asia, which advises companies on acquisitions. Legislators are "playing to a lot of voters at home who are very concerned about that issue," he said.

THE ASSOCIATED PRESS

Entrepreneurship

Boomers set on startups: Poll

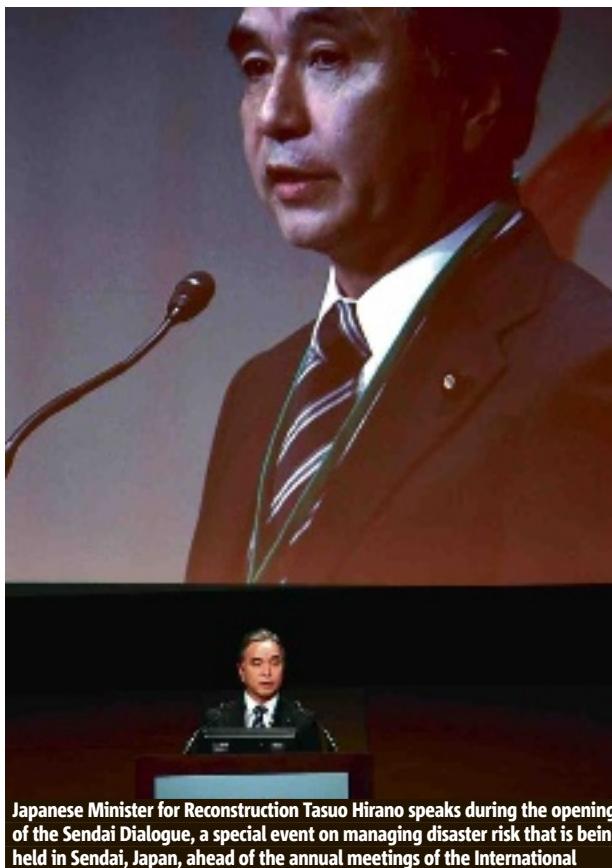
A new survey from TD Canada Trust suggests baby boomers have one more career move in them before they retire — they want to run their own business first. The survey found 54 per cent of boomers polled have or are considering starting a firm, whether it's consulting, buying into a franchise or operating a specialty firm. THE CANADIAN PRESS

BB10 deliveries

RIM shares fall on analyst report

Research In Motion shares are down 5.5 per cent after an analyst said the next generation of BlackBerrys won't hit shelves until March. Jefferies and Co. analyst Peter Misek told business TV channel BNN that timing would delay any potential licensing deals. Some observers had anticipated a January or February release. THE CANADIAN PRESS

IMF forecasts weaker growth for world economy



Japanese Minister for Reconstruction Tasuo Hirano speaks during the opening of the Sendai Dialogue, a special event on managing disaster risk that is being held in Sendai, Japan, ahead of the annual meetings of the International Monetary Fund and the World Bank Group. KOJI SASAHARA/THE ASSOCIATED PRESS

Sluggishness spreads.

Quarterly update sees malaise expanding to more dynamic emerging economies

Plagued by uncertainty and fresh setbacks, the world economy has weakened further and will grow more slowly over the next year, the International Monetary Fund says in its latest forecast.

Advanced economies are risking recession while the economic malaise is spreading to more dynamic emerging economies such as China, the international lending organization says in a quarterly update of its World Economic Outlook.

The IMF forecasts that the world economy will expand 3.3 per cent this year, down from its estimate of 3.5 per cent growth issued in July. Its forecast for growth in 2013 is 3.6 per cent, down from 3.9 per cent three months ago and 4.1 per cent in April.

For the United States, the IMF raised its growth forecast slightly, to 2.2 per cent this year from two per cent in July. For

Canadian outlook

- The IMF projected growth in Canada this year of 1.9 per cent, improving slightly to two per cent in 2013.
- That compared with the July forecast that saw growth at 2.1 per cent for 2012 and 2.2 per cent for 2013.

2013, though, it expects U.S. growth of 2.1 per cent, down from 2.3 per cent.

The IMF said growth in Canada has been constrained by the sluggish U.S. economy.

"Domestic demand — both business investment and private consumption — has been supported by exceptionally favourable financing conditions, including low interest rates and credit availability," the IMF said.

"These factors, along with the commodity boom, have also boosted the housing sector, especially in provinces with strong mining activity."

However, the IMF warned about the amount of borrowing in Canada. THE ASSOCIATED PRESS

Market Minute



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Natural gas: \$3.47 (+6.4¢)
Dow Jones: 13,473.53 (-110.12)

Revision: UN says 1B-hungry-people projection was off

The United Nations now says its 2009 headline-grabbing announcement that one billion people in the world were hungry was off target and that the number is actually more like 870 million.

The UN Food and Agriculture Organization blamed flawed methodology and poor data for the bum projection,

and said it now uses a much more accurate set of parameters and statistics to calculate its annual estimate of the world's hungry.

FAO issued its 2012 state of food insecurity report on Tuesday, and its core point was to set the record straight about the number of the world's undernourished people, ap-

plying the more accurate data retroactively back to 1990.

And the good news, FAO said, is that the number of hungry people has actually been declining steadily over the past two decades, although progress has slowed since the 2007-08 food crises and the global economic downturn.

THE ASSOCIATED PRESS

By the numbers

2015

The UN Food and Agriculture Organization said if the right action is taken now to boost growth and invest in agriculture, particularly in poor countries, the UN goal of reducing by one half the number of the world's hungry people by 2015 is very much within reach.

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IT'S A GOURD THING THERE'S PUMPKIN PIE



JUST SAYIN'
Paul Sullivan
metronews.ca

Who says we're not making progress?

My first journalistic assignment, back in 1812, was to head out to the pumpkin patch and interview some farmer who was trying to grow the world's largest pumpkin.

It was some pumpkin, all right. About 900 pounds. That's a lot of pie.

He was getting ready to haul it to the World's Largest Pumpkin Olympics, or something like that. Sadly, he was defeated by his arch rival who managed to coax an extra few pounds out of his giant gourd.

Since then, the record has been eclipsed annually, and this year, the world-record pumpkin passed the magic one-ton barrier (imperial measurement, please; these guys are traditionalists), as the pride and joy of Rhode Island, farmer Ron Wallace, weighed in at 2,009 pounds.

That's more than twice as much pie.

While pumpkin pundits debate the upper limit and wonder if there is one, it's time to stand back and ask the obvious question: Who cares?

Well, this is not a question you ask around the HQ of the World Pumpkin Confederation or the Yugoslav Gourd Lovers Society, and certainly not at the 1100 Club, populated exclusively by guys who have broken the 1,100-pound barrier.

Frankly, only its grower could love a giant pumpkin. After all, it just sits there, spilling over the scale like Jabba the Hut. It bears no resemblance to those satisfying symmetrical squashes that you cluster across your doorstep. Those are grown by interior designers with bow ties.

Hipster pumpkins. No, growing a one-ton pumpkin is horticultural brute force. You can literally watch them getting larger: 40-50 pounds a day during peak growing season. It takes up to 160 days to grow one of these babies, so you have to start them indoors. And in the fall, when the threat of early frost increases, you'll spend your nights in the patch with your great pumpkin, trying to prevent a pumpkin freezie. Like Linus from Peanuts.

Everything has to be just so: soil, fertilizer, water, disease and pest control, not to mention the correct amount of shade and sunlight.

Of course, Ron Wallace, who also grew the world's biggest in 2006 (a 1,502-pounder), keeps his technique top-secret, which leads you to wonder if Ron's growing his pumpkins around a giant lead weight.

There's more at stake here than mere bragging rights around the Hot Stove League. Wallace has wrested the world title away from Canadians Jim and Kelsey Bryson from Ormstown, Que., who grew an 1,818.5-pounder in 2011.

For one brief shining moment, Canada and giant pumpkins were synonymous.

And, if we adjust the pH balance and the calcium content, 2013 pounds in 2013 is in our grasp! Be like Linus and believe. And keep your fork, because whatever else happens, there will be pie.



Ron Wallace, of Rhode Island, celebrates after tipping the scales with his 2,009-pound record-breaking pumpkin during the New England Giant Pumpkin Weigh-Off at the Topsfield Fair in Topsfield, Mass., Friday, Sept. 28.

PAUL BILODEAU/THE EAGLE-TRIBUNE/THE ASSOCIATED PRESS

Lunch – 100 million years ago



OREGON STATE UNIVERSITY

A stone's throw away

Ancient spider attack fossil found

Scientists have discovered an amazing prehistoric fossil of a spider about to devour a wasp caught in its web.

The preserved event took place in the Hukawng Valley of Myanmar in the Early Cretaceous period between 97-110 million years ago, a time when almost certainly dinosaurs were roaming nearby, scientists say.

METRO

Expert's viewpoint


"This was the wasp's worst nightmare. The wasp was watching the spider just as it was about to be attacked, when tree resin flowed over and captured both of them."

George Poinar Jr.
Oregon State University entomologist

Amber fossilizes

How tree resin captures the past

The tree resin that forms amber is renowned for its ability to flow over flora and fauna, preserving them in near perfection before it later transforms into a semi-precious stone.

At least 15 unbroken strands of spider silk run through the amber piece, and on some of these the wasp was trapped. This is the first fossil ever discovered of a spider attack, scientists note.

METRO

Long, long ago

100

million years ago is the approximate time when this spider-wasp encounter occurred. Spiders are ancient invertebrates that researchers believe date back some 200 million years, but the oldest fossil evidence ever found of a spider web is only about 130 million years old. A report about the discovery by Poinar and his team appears in the October edition of journal *Historical Biology*.



Twitter

@DJ_SWEET_CHUNES: • • •
@DevonMatthews @RED967
PULL UP!! Big tune!! #CLASSIC-GOLD. Red to de world!

@NasDestiny: • • •
My mouth's tingling but I haven't started writhing in pain. It just means that I'll go and get the more painful one sometime soon.

@Fhrope: • • •
@nickbunyun @BFO_Grizzle

LMAO I thought this was for real.. until I opened it

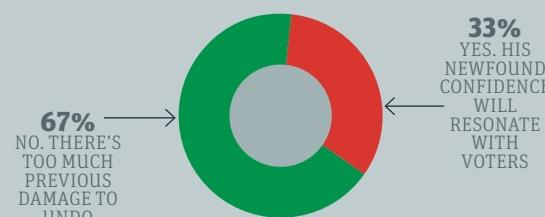
@pg5150: • • •
WOW @MartynAshton first time I've seen this on a road bike RT @christianvdv: I can't do a wheelie. This guy is insane. http://t.co/ahZGX3a8

@Roubooz: • • •
I LOVVEEEEEE @FariaMohsenxo SO MUCH LIKE OMG WHAT WOULD I DO WITHOUT YOOU



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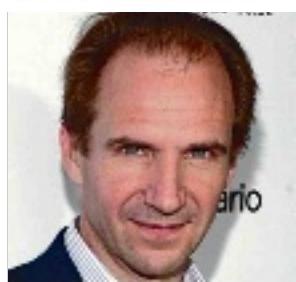
Do you think U.S. presidential contender Mitt Romney will see a first-debate bump?





"I think it's got to be Connery ... because as soon as I was of that age, he was really starting as well. And I just identify Connery with that role. It's always been a great piece of escapism."

Bryan Cranston, star of *Breaking Bad*.



"I think *Casino Royale* was really excellent, and I think Daniel is a brilliant Bond, wonderful. A Bond for now, in our world. He's wonderful."

Ralph Fiennes, star of the new Bond flick *Skyfall*.

More online



- Visit metronews.ca for more James Bond coverage, including a look at the newest film, *Skyfall*.



The top 12 Bond girls

There's 56 Bond girls out there (give or take), and we've ranked the sexiest. Sexist? Hey, so are the films.

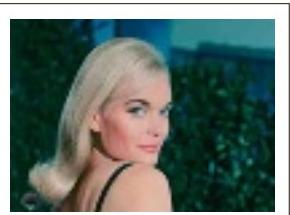
METRO WORLD NEWS



1. Honey Ryder

Ursula Andress, *Dr. No*

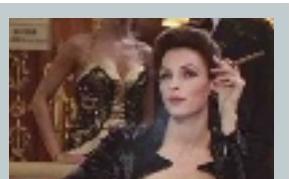
The Swiss miss set the standard for all future Bond girls: she wore a bikini and carried a knife.



2. Pussy Galore

Honor Blackman, *Goldfinger*

We concur with Bond, who says, when told her name, "I must be dreaming."



3. Xenia Onatopp

Famke Janssen, *GoldenEye*

She crushes an old man during sex. She hijacks a helicopter. She puts the fatal in femme fatale.



4. MayDay

Grace Jones, *A View to a Kill*

Bond was an equal opportunity ladies man, and wasn't scared off by the statuesque Jones.



5. Mary Goodnight

Britt Ekland, *The Man with the Golden Gun*

The Swedish bombshell became famous for being with two men: Bond, and her husband, Peter Sellers.



6. Helga Brandt

Karin Dor, *You Only Live Twice*

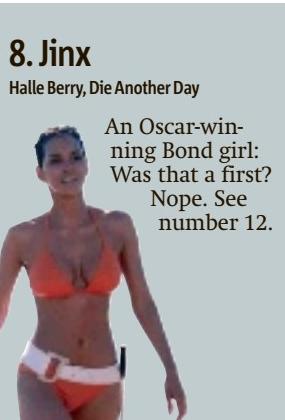
She ties Bond down to a chair, and threatens him with some makeshift plastic surgery, holding a knife. Then she kisses him. Deeply. Many times.



7. Solitaire

Jane Seymour, *Live and Let Die*

The first psychic Bond girl? Surely that's worth something.



8. Jinx

Halle Berry, *Die Another Day*

An Oscar-winning Bond girl: Was that a first? Nope. See number 12.



9. Vesper Lynd

Eva Green, *Casino Royale*

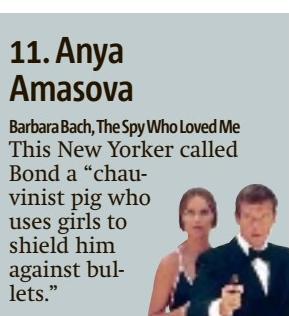
A modern-day love interest for modern times. Her back-and-forth with Bond on a train has more sparks than any bedroom scene.



10. Magda

Kristina Wayborn, *Octopussy*

She has an octopus tattoo in a film called *Octopussy*. How could we not include her?



11. Anya Amasova

Barbara Bach, *The Spy Who Loved Me*

This New Yorker called Bond a "chauvinist pig who uses girls to shield him against bullets."



12. Domino Petachi

Kim Basinger, *Never Say Never Again*

She's not the only Bond girl to have an Oscar but she is the blondest.

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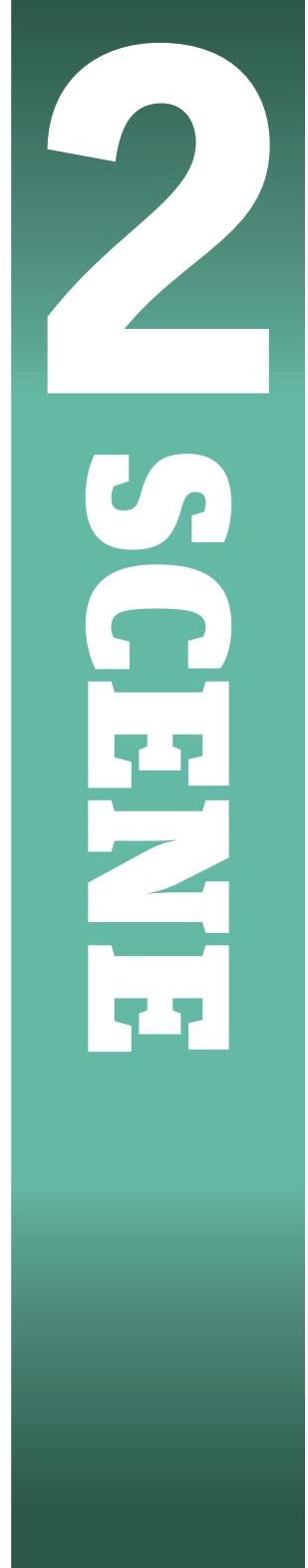
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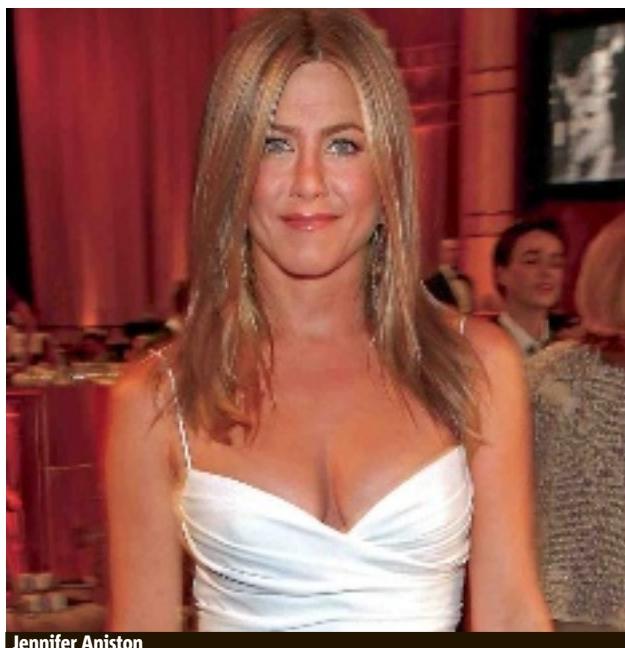
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Jennifer Aniston

Aniston showing off giant gem on ring finger

Jennifer Aniston is set to marry fiancé Justin Theroux — and she's got the massive engagement ring to prove it.

During a recent afternoon out with Theroux in Santa Fe, N.M. — where Aniston is filming *We're the Millers* — the actress showed off a giant gem on her ring finger, according

to Us Weekly. But while the ring may be plenty flashy, don't expect the wedding itself to be, as sources say Aniston is planning a "destination wedding" with close friends, "kind of like eloping with a few friends. There will be the feeling of a vacation, since that's their favorite thing to do."

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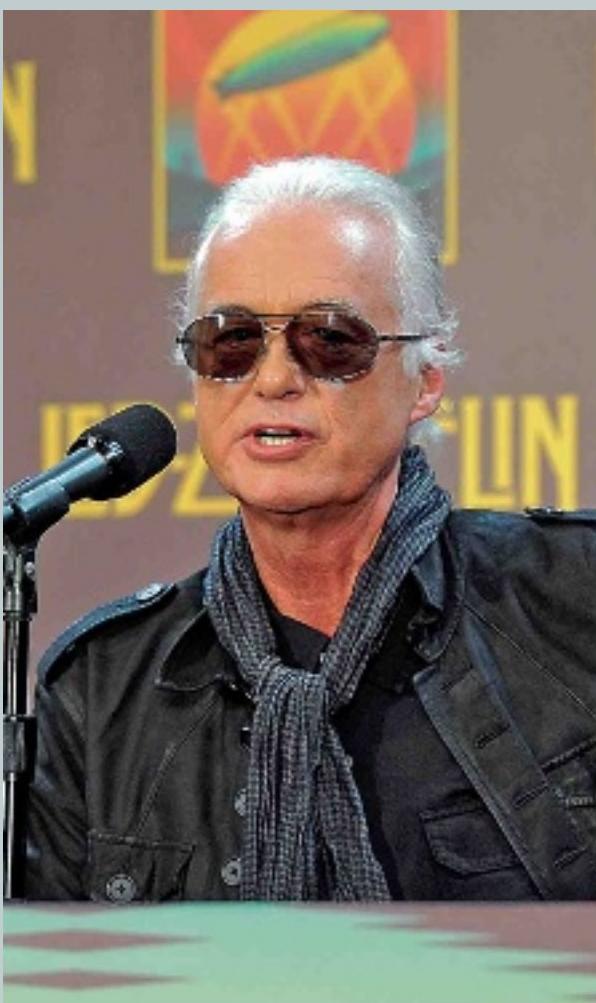
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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Led Zeppelin refuse to answer reunion questions

THE WORD
Dorothy Robinson
scene@metronews.ca

Don't ask Led Zeppelin if they're getting the band back together.

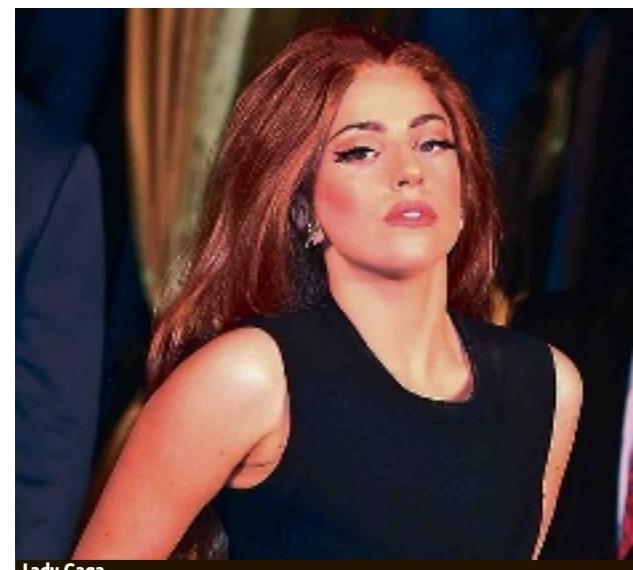
Numerous reporters tried yesterday at a press conference promoting the release of their concert film, *Celebration Day*, but the British rock gods dodged and weaved. "We've been thinking about all sorts of things. But we can't remember what we were thinking about," quipped lead singer Robert Plant. John Paul Jones, Jimmy Page and John Bonham's son, Jason Bonham, who played drums on the band's one-off 2007 tribute concert for friend and Atlantic

Records founder Ahmet Ertegun, were equally mute on the subject (actually, Bonham never commented one way or another on the topic; he just seemed stoked to be there).

"At this time five years ago we were rehearsing to get to the O2. If you think about the time it gets something like that to get together, it seems unlikely," said Page. He continued: "We were so happy we were getting it right and taking it beyond what we thought we were about that night. To do that four nights a week is a different thing entirely."

But they never said never.

So there is still hope for all you Zepp fans out there. And if you do either catch them live or see the film, keep an eye open for the band's facial expressions. "We used to call ourselves 'The Band of Nods' because if you missed a cue you would nod — that had nothing to do with opiates," said Plant. "And now, we've turned into 'The Band of Middle Aged Grins.'"



Lady Gaga

Gaga following in Bieber's footsteps

Justin Bieber isn't the only pop star with a weak stomach, apparently, as Lady Gaga found herself vomiting three times onstage while performing *Edge of Glory* during a tour stop in Barcelona recently. Gaga pressed

on with the show after the episode and later made light of it, posting a link to a fan's YouTube video of the mishap and tweeting, "Was praying nobody saw but actually it's quite a good laugh if you need one!"



Ben Affleck

Ben Affleck not the hit-and-run type

Ben Affleck isn't just a talented actor and director, he's also a responsible citizen. While running errands in Santa Monica recently, the *Argo* star sideswiped a parked car, knocking off its side mirror, according to Hollywood-scoop. But unlike some

Hollywood starlets we could name, Affleck did the right thing by stopping and leaving a note on the car's windshield. The note read, "Hi, knocked off your mirror! Very sorry! Will cover everything — Ben," followed by his contact information.

Twitter



@taylorswift13

I feel like I'd be more understood if people knew 'I Don't Want to Miss a Thing' by Aerosmith is how most of my emotions sound in my head.



@woossy

Good morning! I am not feeling well. But I can stay indoors all day and drink tea. So there's the silver lining right there.



@justinbieber

i care



@Joan_Rivers

The good news is that self-driving cars are now legal in California. The bad news is that so are the ones driven by Lindsay Lohan.

Drink wine in upstate N.Y.

The Finger Lakes region is a lesser-known haven for grape lovers

NOLAN GAWRON

Metro World News

In the Finger Lakes region of upstate New York, there's a growing excitement—literally. Grapes! Wine grapes, to be more specific. The sloping hillsides, lake breezes and a steady summer sun have always provided the picturesque Finger Lakes region with a healthy grape-growing climate. But until recently, the land was primarily used to grow local Concord grapes that were sold to juice companies.

In recent years, younger generations have taken over the family farms and begun experimenting with wine grape varietals. While the yield can be more profitable, the arduous and artistic process is all the more intensive and comes with a higher risk factor. But with continued growth and a respected product that has gained praise and earned prizes all over the world, the shift seems to be working. Now with 109 wineries, the Finger Lakes have helped make New York the third largest wine producer in America.

Even though the area is known for its Cabernet francs, chardonnays, pinot noirs and ice wines, it's riesling that reigns supreme. With a climate similar to its German origins, the varietal has found a second home here. Ranging from dry to sweet, each vineyard in the area produces at least one style of riesling—some make several—and many have won worldwide Gold Medal honours.

Camaraderie over competition

With a wine trail marked by road signs, vineyard tours and tasting rooms, tourism in the Finger Lakes is increasing. And with several wineries adding inns and high-end restaurants to their properties, many are calling the Finger Lakes the next Napa Valley. Vineyard owners in the area, however, are quick to point out a monumental difference—a unified sense of commu-



Soak up the wine and the scenery in the Finger Lakes region. ALLEN MCGREGOR/Flickr

nity. Here it's camaraderie, not competition, since in this region the vineyard owner is often the farmer, the marketer, the salesman and sometimes even the deliveryman. "If someone needs a forklift, we let them borrow ours," says Ted Marks, proprietor of Atwater Vineyards. "And they would do the same for us. People come from all over the world to work here and can't believe that we want to help each other succeed. We do what we do well. And we do it without pretension."



Is Finger Lakes the next Napa Valley? VISIT-FINGERLAKES/Flickr

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Eat healthy and delight your tastebuds – yes, it's possible

Eating a balanced diet is one of the most important factors in achieving a healthy lifestyle. Fortunately, being health-conscious doesn't mean you have to give up the dishes you love.

Canadian chef Stefano Faita is a firm believer in healthy eating, and often

Ingredients

- 50 ml (1/4 cup) extra virgin olive oil
- 2 cloves garlic, chopped
- 1 sprig rosemary, finely chopped
- 1 ml (1/4 tsp) red pepper flakes (or to taste)
- 300 g (10 oz) ground lamb
- 125 ml (1/2 cup) white wine
- 1 can (540 ml/ 19 oz) diced tomatoes
- Salt, to taste
- 1 box (375 g) Barilla whole grain spaghetti
- 15 ml (1 tbsp) butter
- 175 ml (3/4 cup) grated Pecorino Romano cheese

Whole Grain Spaghetti with Spicy Lamb Sauce



This recipe serves four. NEWS CANADA

relies on his Italian roots for recipe inspiration.

"There is a ton of healthy whole grain pasta options out in the market," he says.

Here he pairs whole grain spaghetti with spicy lamb sauce.

1. In a large skillet over medium heat, heat olive oil. Add the garlic, rosemary and red pepper flakes, sautéing until garlic turns slightly yellow. Add ground lamb; cook until well browned.

2. Stir in wine and cook for about 1 minute. Add tomatoes with juice and 3/4 cup (175 ml) water; season with salt. Simmer until liquid has evaporated and sauce is thickened. Cover and keep hot.

3. Meanwhile, cook spaghetti according to package directions. Drain and toss with sauce.

4. Stir in butter and cheese before serving.

NEWS CANADA/BARILLA.CA

Drink of the Week

Memories of summer

As we're well into fall, many of us are missing warmer weather. This Paloma is a classic combination of tequila and grapefruit, reminiscent of summer.

- 2 fresh strawberries
- 45 ml (3 tbsp) tequila
- 15 ml (1 tbsp) fresh lime juice
- 60 ml (4 tbsp) fresh pink grapefruit juice
- 15 ml (1 tbsp) agave nectar
- Ice
- Splash soda water
- Pink grapefruit slice and strawberry half, for garnish

Muddle strawberries. Add tequila, lime, grapefruit juices and agave nectar, and shake well with ice. Strain over ice in a tall glass.

Top with soda water. Garnish with a slice of pink grapefruit and half a strawberry.

THE CANADIAN PRESS/MILAGRO TEQUILA



Asparagus Cappellacci: Where easy meets elegant

Serve this easy and elegant dish at your next buffet dinner and your guests will be coming back for seconds.

It boasts a sensational lemon butter sauce.

1. In medium saucepan of boiling salted water, cook the Asparagus Cappellacci pasta for about 5 minutes or until tender; drain.

2. Meanwhile, in a large non-

Ingredients

Start to finish: 15 minutes

- 1 pkg (250 g) PC Black Label Asparagus Cappellacci Pasta
- 50 ml (1/4 cup) unsalted butter
- 2 small Portobello mushrooms (or 1 large), sliced in 3/4-inch (2 cm) thick pieces
- 25 ml (2 tbsp) fresh lemon juice
- 2 green onions, thinly sliced on diagonal
- Pinch of salt
- Pinch of freshly ground black pepper
- 45 ml (3 tbsp) shaved parmesan reggiano



This recipe serves three. NEWS CANADA

stick frying pan, melt 2 tbsp (25 ml) of the butter over medium-high heat. Add Portobello mushrooms; cook, stirring for about 3 minutes or until browned. Transfer to plate.

3. Add remaining 2 tbsp (25 ml) butter to same pan, swirling to coat. Add lemon juice, slices of green onions and reserved pasta. Using tongs, turn over gently to just coat with sauce. Top with mushrooms and divide among three plates; sprinkle with salt, pepper and parmesan reggiano shavings.

NEWS CANADA/PC.CA

Mushroom Fettuccine. Use different pestos in quick and tasty supper



Instead of basil pesto, try using sun-dried tomato, cilantro or mint pesto for variety in this quick and easy supper dish.

1. Cook fettuccine according to package directions.

2. Meanwhile, in a large skillet, heat oil over medium heat. Sauté mushrooms and onions for 4 to 5 minutes or until lightly browned. Reduce heat and stir in garlic, pesto and salt; heat just until warm.

3. Add drained hot pasta and toss to coat well; taste and add a little more salt if not garnishing with Parmesan. Serve hot or at room temperature. Garnish with cheese, if desired, and

pine nuts. THE CANADIAN PRESS/MUSHROOMS CANADA, MUSHROOMS.CA

Ingredients

- 375 g (12 oz) dry fettuccine, cooked and drained
- 30 ml (2 tbsp) olive oil
- 500 g (1 lb) sliced fresh mushrooms
- 250 ml (1 cup) chopped red onion
- 2 cloves garlic, minced
- 125 ml (1/2 cup) prepared basil pesto sauce
- 1 ml (1/4 tsp) salt
- Grated Parmesan cheese (optional)
- 50 ml (1/4 cup) toasted pine nuts or chopped walnuts

Drilling your way to a dream job

It's a gas. An expert spills secrets on an exciting and changing industry

CASSANDRA JOWETT
TalentEgg.ca

Technology. Sustainability. Mobility. Those are the top three reasons now is a really exciting time for students and recent grads to start careers in the oil and gas industry, according to Cheryl Knight, executive director and CEO of Petroleum Human Resources Council of Canada.

Knight knows the industry better than most, so we asked her what she thinks the most exciting things about the petroleum sector are right now.

Technology

"I think what I find most interesting is how much of a role technology is playing in creating changes in the industry," she says. "Changes including how the work is done, how the production of oil and gas happens, and what the jobs are. We are seeing that technology and

being technology proficient is really an important part of the industry."

She cites the development of Alberta's oil sands as an example: In past, operations in the oil sands were primarily mining — large shovels would dump the oil sand into trucks to be taken to be crushed and processed into oil. This method is slow and inefficient, and can only extract oil sand up to 75 metres below ground.

Today, more than 80 per cent of oil sands development uses in-situ drilling — a thermal technology known as steam assisted gravity drainage (SAGD). The high-tech SAGD process allows petroleum producers to access reserves that are much deeper in the earth and recover a higher percentage of the oil contained in the sand.

"The reason [the oil sands] is growing so big is because of the technology," Knight says.

Another example is the use of directional drilling and hydraulic fracturing.

"It enables the industry to use one very expensive, highly technologically-advanced rig and rig pad, reducing the surface impact," she says. "You have one rig that spends a lot of time drilling in a variety of



Green on the scene: The gas and oil industry is hiring more environmental experts than ever before. iSTOCK

directions while it stays in the same place. The rig doesn't move."

All of this high-tech equipment requires specialized technicians, technologists and skilled tradespeople to build, operate and maintain it, creating many new jobs for people with the most up-to-date education and technical skills.

Sustainability

No, sustainability is not a four-letter word in oil and gas. In fact, says Knight, environment-

al sustainability has woven itself into every single job in the industry.

"I don't go anywhere or to any meeting where people in the industry aren't aware of the footprint on the land — they're concerned about things like carbon emissions and water consumption," she says. "It's part of our industry — the environment is part of oil and gas."

As interest in environmental sustainability within the petroleum sector grows, so does

support 905,000 jobs by 2035 — starting your career in the industry doesn't mean you're stuck in it (or your first job or location) forever.

"A person isn't pigeonholing themselves by joining the oil and gas industry. On the contrary — the skills will transfer quite well to the natural resource sector as well as government, communications and stakeholder relations organizations."

Plus, since you will have the opportunity to work with so many different people and organizations in your oil and gas job, you'll develop a strong professional network across a wide variety of locations and sectors that could really take you places.

"It's a really great industry; it provides a real combination of field work and office work, and I think that's appealing to a lot of people," she adds.

Many companies operate in multiple countries and they're looking for people who want to travel the world while they're working."

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PET LOGIC

NINE IMPORTANT CONSIDERATIONS TO PONDER BEFORE YOU DECIDE TO ADOPT A PET

"When you get a pet, it's like you are inviting a new member into your family," says Michael Sullivan, executive director, Humane Society of Canada. Here are nine important considerations before your family makes the commitment.

1 COST. According to Sullivan, a cat or dog costs on average \$1,500 per year (for the initial spay or neuter, vaccinations, food and other health costs). Exotic pets may be inexpensive but their ongoing needs will add up, too.

2 LIFE SPAN. Be aware that a cat can live up to 20 years, explains Dr. Jean Gauvin, a small animal practitioner in Lachine, Que., and vice-president of the Canadian Veterinary Medical Association, while a

small dog can live about 12 years, a parrot more than 30, a rabbit 12, and a hamster may live four years.

3 SCHEDULE. Dogs, especially puppies, require a lot of your time for training and daily walks. Cats are easier because they don't need training outside of litter training. Most exotic pets (gerbils, reptiles, fish, and birds) will need daily care.

4 LIFESTYLE. If you are active, an active dog breed makes sense. But what will you do if you are someone who travels a lot? Gauvin says for shorter jaunts, a cat and exotic animal may be easier to leave or have looked after.

5 FUR. If someone in the family is allergic, consider a poodle or other non-

shedding dog, says Gauvin. Or consider a lizard or snake.

6 SPACE. A small dog or cat might be best suited for a condominium or apartment while a Great Dane might better suit a home in the country. Exotic pet cages and aquariums will need a dedicated place in your home, too.

7 FOOD. Sixty per cent of what you spend on a dog will be for food. Consider that a rabbit needs fresh vegetables while a cat is happy with canned food. Some exotic pets need special food — snakes eat mice while lizards love crickets.

8 EXPERIENCE. If this is your first pet, do your research, says Sullivan. Some dog breeds are easier to manage than others. For example, border collies need to be kept busy while a Shih Tzu doesn't. Cats are more self sufficient, says Sullivan. Most birds need time out of their cages.

9 AGE. If you get a puppy or kitten, you will have more work to do in the first year. A young adult dog or cat is less work — and you are saving an animal life.

GETTING YOUR PET

If you don't purchase a full bred animal from a reputable breeder, adopt an animal from a shelter, rescue group, humane society or local pound.

Milk-Bone^{*} Healthy Favourites^{*}

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HEALTHY TEETH EQUALS HEALTHY PET

REGULAR DENTAL ROUTINE FOR PETS CAN HELP PREVENT OTHER HEALTH ISSUES

Although most people appreciate the link between oral hygiene and overall health in humans, few pet owners recognize that the same link exists for cats and dogs. A buildup of excess plaque on the teeth of a dog or cat can irritate the gums, cause bleeding and create a pathway for bacteria to enter the bloodstream, leading to infection and disease. Proper oral care isn't just good for the mouth — it's good for the whole body, too.

"Taking preventative measures at home and with the veterinarian can help pet owners provide their pet with the foundation required to build good oral health," says Dr. Fraser Hale, a veter-

inarian in Guelph, Ont. "Incorporating regular dental care into a pet's routine can help prevent health issues."

Along with the risk of dental infection and tooth loss, poor oral hygiene can tax a pet's immune system, limiting their ability to fight disease. One of the easiest ways to combat poor oral health is through food. Pets have to eat, so why shouldn't they eat something that is proven to benefit them and their oral health?

Many veterinarians recommend foods such as Science Diet® Oral

Care (available for both dogs and cats). Each kibble of Oral Care is designed to stay in contact with the tooth surface up to the gum line and gently scrub away



SEAL OF APPROVAL

Established in 1997, the VOHC is an independent, non-profit group of experts that reviews veterinary dental products. The VOHC seal identifies products that meet standards for plaque and/or tartar control in dogs and cats. Science Diet® Oral Care is available in pet specialty stores.

Not surprisingly, Science Diet® Oral Care was created by Hill's Pet Nutrition, a leading developer and manufacturer of therapeutic pet food products. Founded by a veterinarian in 1939, Hill's continues to pioneer pet foods that help treat specific conditions, such as arthritis. Today, the company sells a wide range of innovative products that help keep pets healthy and happy.

Regular brushing is also an important part of oral hygiene. Training, of course, is essential; for best results, introduce a brushing program gradually while your pet is still a kitten or puppy.

Help keep your pet healthy with a regular program of oral hygiene.

plaque and tartar. Science Diet® Oral Care contains no mineral abrasives or active chemicals, and will freshen your pet's breath. It is the only brand recognized by the Veterinary Oral Health Council for plaque and tartar control.



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Diet Feline
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\$10**



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It's the Hill's Science Diet Anniversary Sale!
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Tel.: 613-744-0230

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Tel.: 613-422-6741

STITTSVILLE
6081 Hazeldean Rd.
Tel.: 613-836-3023

KANATA
700 Eagleson Rd. Unit 105
Tel.: 613-599-0660

Cap in hand: Salary structure in jeopardy?

NHL lockout. Fehr says extended lockout could cause NHLPA to reassess playing under salary cap

Donald Fehr expressed some hope that collective bargaining talks this week will help lead to some resolution.

But he also made it clear in an hour-long meeting with the Torstar News Service editorial board that the longer the NHL lockout lasts, the less happy the players will be playing under a salary cap.

"If this goes on for an extended period of time, I don't know what they (the players) are going to do. But I think it's safe to say, they would be exploring all options," said Fehr.

He added the players can live with a salary cap if an agreement can be reached quickly.

"Where the players are, they want to make a deal," Fehr said. "Even though the owners' proposal went as far away from the players as they could, the players did not respond in kind. They made a proposal which moved in the owners' direction. If there can be an agreement in a relatively short term, which puts the pieces back together and gets the season going, I think the players can live with that."

Fehr fell short of calling for the salary cap to be scrapped outright — something that would put the NHL and the players further apart. But it was a reminder to commissioner Gary Bettman and the owners — on the eve of new talks with the league on non-core economic issues — that things can get ugly in a hurry.

"I hope we can continue to make some progress on what we call the non-core economic issues and I hope we can have discussions that can spark a



NHLPA executive director Donald Fehr meets with the Torstar News Service editorial board on Tuesday. ANDREW FRANCIS WALLACE/TORSTAR NEWS SERVICE

Quoted

In basketball (the NBA locked out its players last season) they played 75, 80 per cent of the season starting as late as Christmas. I do hope we start many weeks before Christmas."

NHLPA executive director Donald Fehr on Tuesday. Fehr declined to predict when he thought the NHL season might begin.

new round of significant talks on the core economic issues," said Fehr.

NHL deputy commissioner Bill Daly said the league has heard the association's threats related to the salary cap before.

"Ultimately, it's their call,"

Daly said in an email to Torstar News Service. "Hopefully, we all want a quicker resolution to this negotiation than a longer one. How the PA ultimately decides to deal with that issue will be very telling."

TORSTAR NEWS SERVICE

Dates to watch

Oct. 19

Potential date of the next round of game cancellations.

Nov. 10

Hall of Fame Game weekend, first big weekend for league on a national scale.

Nov. 23

Black Friday on U.S. Thanksgiving weekend — also the date NBC was to kick off its TV broadcast schedule; a very important date for the NHL.

Dec. 7

Another round of cancellations? Pretty well the latest hold-out date before cancelling the Winter Classic.

Dec. 21

If two more weeks are scrapped here, start thinking about the integrity of season.

Jan. 1

Winter Classic — Toronto vs. Detroit at Ann Arbor, Mich.

Jan. 11

Date the 1994-95 lockout ended, salvaging a 48-game season.

Jan. 18

Be very pessimistic about the season, if there's another round of cancellations.

Feb. 16

Date the 2004-05 season was cancelled.

Hockey

Hasek's hope for NHL return fading

Dominik Hasek appears to be done with hockey after giving up hope of another return to the NHL.

The 47-year-old goalie resumed training ahead of this season hoping to get picked up by an NHL club, but told Czech daily Sport on Tuesday that it is "very unlikely" he would play again after no team offered him a contract amid the current lockout.

Hasek was twice named the NHL's MVP, and took home the Vezina Trophy six times. He announced his retirement in 2002 after winning his first Stanley Cup with the Detroit Red Wings, but came back and then retired from the NHL again in 2008.

THE ASSOCIATED PRESS



Dominik Hasek speaks on Sept. 5 in Pardubice, Czech Republic.

THE ASSOCIATED PRESS FILE

Tennis

Raonic opens strong in Shanghai

Canada's Milos Raonic reached the second round of the Shanghai Masters, beating Australian qualifier Marinko Matosevic 7-6 (4), 6-3 on Tuesday.

The 12th seed from Thornhill, Ont., fired 14 aces past Matosevic and won the match in one hour 28 minutes. Raonic will face former Grand Slam finalist Marcos Baghdatis of Cyprus in the second round.

THE CANADIAN PRESS

Giants stay alive with extra-innings win



Giants relief pitcher Sergio Romo reacts after the final out of Game 3 on Tuesday night in Cincinnati. JONATHAN DANIEL/GETTY IMAGES

Third baseman Scott Rolen's error with two outs in the 10th inning gave San Francisco the go-ahead run, and the Giants edged the Cincinnati Reds 2-1 Tuesday night to cut their NL playoff deficit to 2-1.

The Giants avoided a division series sweep when Rolen, an eight-time Gold Glove winner, bobbled Joaquin Arias' short-hop grounder and threw late to first.

San Francisco was held hitless into the sixth by Homer Bailey, managing only three hits overall with 16 strikeouts.

But the Giants got two hits in the 10th and were helped by

Game 3

2

Giants

1

Reds

a passed ball.

Left-hander Barry Zito will start Game 4 on Wednesday for the Giants. The Reds have to decide whether to try ace Johnny Cueto, forced out of the opener with spasms in his back and side. THE ASSOCIATED PRESS

Still waiting

Cincinnati hasn't won a home playoff game in 17 years.

- The Reds won back-to-back World Series in 1975-76 and in 1990 swept Oakland to win another.
- Since then they've been swept by Atlanta in the 1995 NLCS, lost a one-game playoff for the wild card to the Mets in 1999 and got swept by the Phillies in the NLDS in 2010.

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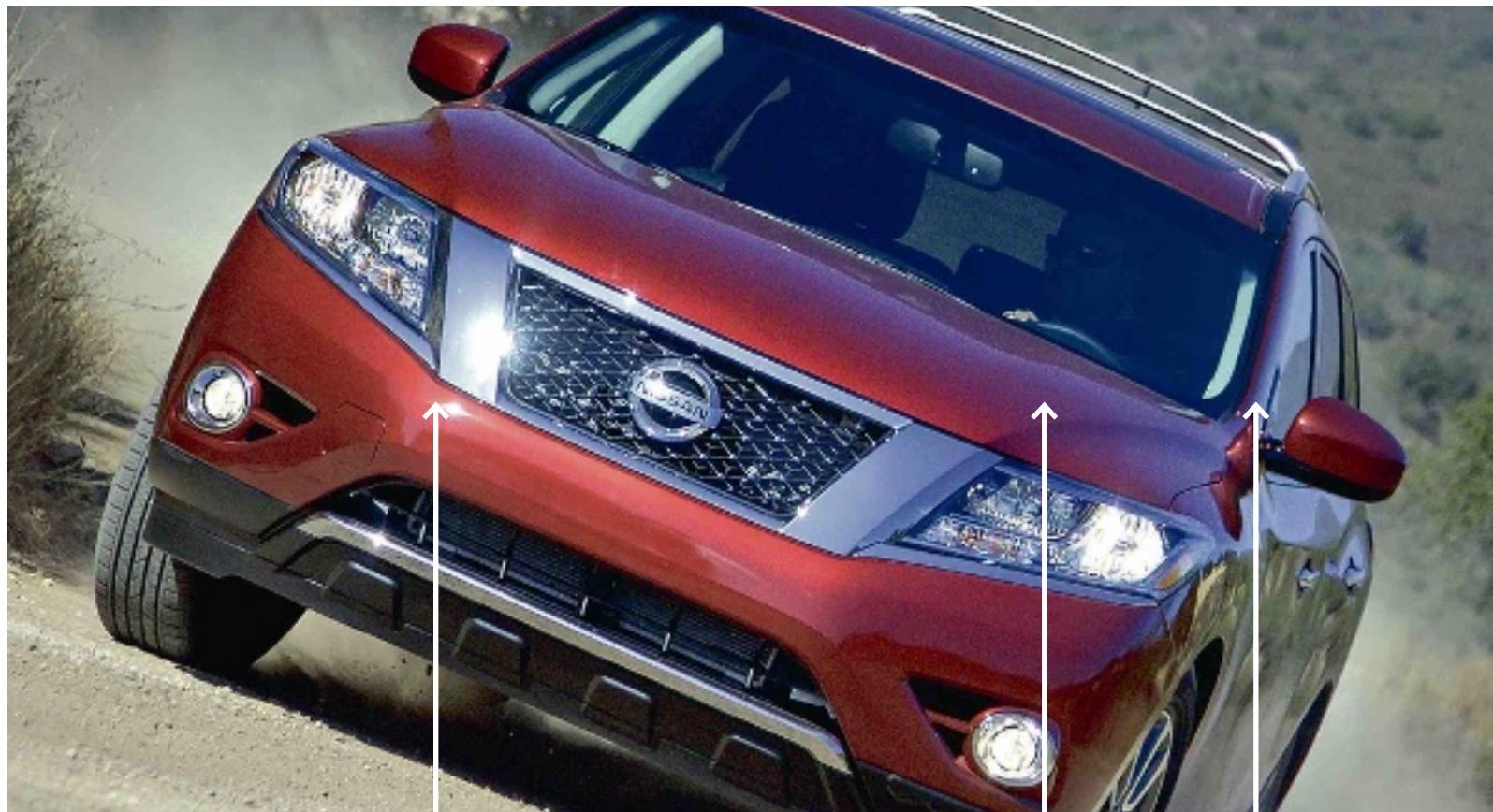
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Discover the Pathfinder



ALL PHOTOS WHEELBASE

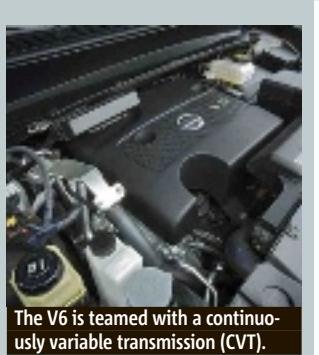
5
DRIVE

2013 Nissan Pathfinder

- Engine.** 3.5 litre V6 with 260 horsepower and 240 pound-feet of torque.
- Mileage.** 10.5L/100km and 7.7 on highway
- Type.** Four door, front two or four-wheel drive.
- Base price (incl destination).** Starts at \$31,600

Styling and shape

The new Pathfinder, which arrives this fall, has been on a serious diet, shedding about 110 kilograms over the outgoing model. This meant converting to a unitized (frameless) platform that's shared with Nissan's Infiniti JX luxury wagon.



The V6 is teamed with a continuously variable transmission (CVT).

Drive options

Nissan's 4x4 option is worth it for anyone living or working in snow-belt regions where being stranded in -30 C conditions is just not an option. The All-Mode 4x4-i system allows you to select either two- or four-wheel-drive, or engage the Auto setting and let the All-Mode make the call, depending on tire slippage.

Comfort

Passenger comfort was apparently paramount with Nissan's designers, who created a third-row reclining seat and a second row with 13 centimetres of fore and after travel. The split-second bench also features an "EX Flex" portion that slides forward for easier third-row access.

Review. Yes, the idea of a front-wheel-drive Pathfinder will take getting used to, but when did you last go off road anyway?

MALCOLM GUNN
Wheelbase Media

It was a category full of off-roaders that buyers just couldn't get enough of. The seemingly unstoppable Ford Explorer. The go-anywhere Nissan Pathfinder. It's amazing how things change in five or six years. In simple terms, the Explorer and Pathfinder are no longer truck-based, off-road-capable sport utility vehicles.

Like the Explorer, Nissan's seven-passenger bus has emerged from its chrysalis as a family wagon able to conquer nasty road and weather conditions. The Tennessee-built wagon had remained virtually untouched since the

2005 model year. A robust body-on-frame chassis made it ideal for boulder-bashing, creek-fording activities.

The new sheet metal manages a passing resemblance to the outgoing rig as far as the grille is concerned. But from there the quaintly boxy body-of-old, with its muscular fender flares, has given way to gentle curves and rounded edges.

The Pathfinder S is expected to come with the usual accessories, including tri-zone climate control and 14 cup/bottle holders. The SV adds roof rails and a rearview monitor while leather-covered seats, remote engine start and a power liftgate are SL highlights. From there, the sky's the limit on the options front, with features such as an up-level sound system.

The reborn Pathfinder might have been stripped of its traditional sport bravado, but it will certainly add new friends with an easy-on-gas powertrain, easy-to-take creature comforts and easy-on-the-eyes design.



The Pathfinder dash is very Nissan-y, blocky and simple. In this day and age, it's weird not see silver plastic all over the place.



What the Pathfinder loses in extreme off-road ruggedness it gets back in technology, but it's pretty much the norm when in the company of vehicles such as the Ford Explorer.

Compare



1 **Mazda CX-9**
Base price: \$38,000



2 **GMC Acadia**
Base price: \$40,000



3 **Ford Explorer**
Base price: \$31,500

How the sea holds the key to totally revamp the car industry

AutoKnow. The ocean can provide, through its seaweed, new materials and new fuel for next-generation environmentally-friendly vehicles

BILL MCLAUCHLAN
wheelbasemedia.com

The common belief is that something won't last very long unless it's created in a lab. That might always be the case, but the source material for such parts is quite literally in a liquid state.

Cars with bodies and parts made from seaweed and powered by biofuel derived from algae and saltwater could be the wave of the future if a couple of companies have anything to say about it.

Toyota has an ultralight, super-efficient plug-in hybrid vehicle featuring a bioplastic body made from seaweed. According to the company, it could be available inside of 15 years.

Automakers are looking for ways to increase the amount of plastic parts in cars as a means to reduce weight and production emissions. Today, steel is still thought to be the best material to crank out cars, but the use of plastic is quickly gaining ground.

Even luxury automakers such as BMW and Mercedes-Benz use more plastic in their vehicles than ever before ... and that trend looks like it's continuing. Demand for bioplastics is expected to hit \$100 billion within a couple of years, according to a 2009 USA Today story.

One snag, however, is that most plastics today still trace their roots to petroleum. Conventional petroleum-based plastic products don't do much to alleviate North America's dependence on oil, not to mention the associated economic, environmental and geo-political problems that come along for the ride.

Innovative

"I want to create such a vehicle from seaweed because Japan is surrounded by the sea."

New Toyota 1-X project manager Tetsuya Kaida, on utilizing Japan's large coastline to fuel Toyota's new idea for a vehicle partly made from seaweed.

That's some of the thinking behind Toyota's green vision for the future and the 1/X Concept, so named because its "carbon footprint" is claimed to be a fraction of that of other cars.

While not totally new - the 1/X Concept made its public debut at the 2007 Tokyo Motor Show - this "environmentally considerate" hybrid is an interesting spinoff on the original concept.

About the same general size as Toyota's current Prius gas-electric hybrid, the revised 1/X still combines a home-rechargeable lithium-ion battery pack with a 0.5-litre flexible-fuel engine in a drive system that's about 25 per cent of the Prius's powertrain.

A very strong carbon fiber-reinforced plastic (CFRP) frame contributes to the car's light 926-pound curb weight, less than one-third of the Prius.

But the 1/X Concept's most noteworthy attribute can be seen in bioplastic body panels derived from seaweed. "We used lightweight carbon fiber in the frame for its superior collision safety," project manager Tetsuya Kaida said of the 1/X. "But that material is made from oil. In the future, I'm sure we will have access to new and better materials such as those made from plants, something natural."

"In fact, I want to create such a vehicle from seaweed because Japan is surrounded by the sea."

Kaida added that the 1/X Concept "points the way toward a much more sustainable relationship between humans and the environment. It's also a direction for a future Prius, two or three generations ahead of the current car."

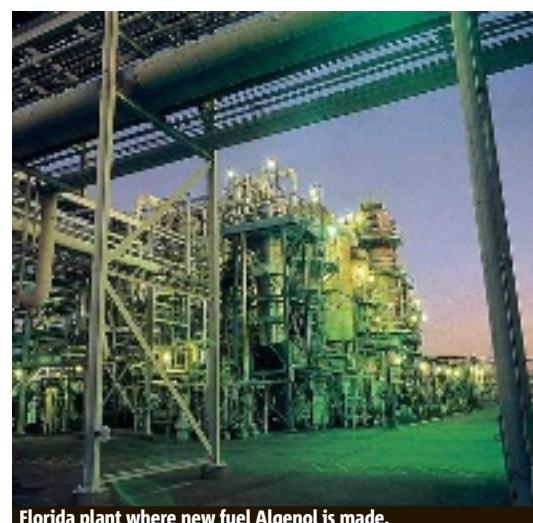
Florida-based Algenol Biofuels, working in partnership with Dow Chemicals, has big plans to power such future cars with its proprietary algae-to-ethanol biofuel.

Typical corn-based ethanol has been criticized for straining the world's food supply, contributing to global warming by encouraging the plowing of grasslands and consuming a substantial amounts the annual U.S. corn crop.

The Algenol approach solves those problems by producing its ethanol fuel without occupying arable land or consuming feedstocks needed for human or animal consumption, a conflict that has been in the news many times this summer due to drought-ravaged crop yields. All it needs for production is seawater, sunlight and algae.



Could the riches of the sea bring the automotive industry into a new light-weight era? ALL IMAGES WHEELBASE



Florida plant where new fuel Algenol is made.



The new Toyota project vehicle the 1/X Concept is partly made of seaweed.

The facts: Seaweed as a fuel

- **Algenol.** This new fuel is made in bioreactors (read below) using seaweed and photosynthesis. It is ethanol but it's just produced in a much more environmentally sound way than actual ethanol which has been criticized for depleting food stocks through its production.
- **Algae bioreactors.** These are 50-foot-long by five-
- feet-wide troughs covered with flexible plastic and filled with about 1,000 gallons of saltwater. The water is then saturated with carbon dioxide to encourage algae growth.
- **Ethanol vs Algenol comparisons.** Algenol touts 6,000 gallons of ethanol per year per acre at a cost of less than \$1 per gallon. By comparison, corn produces

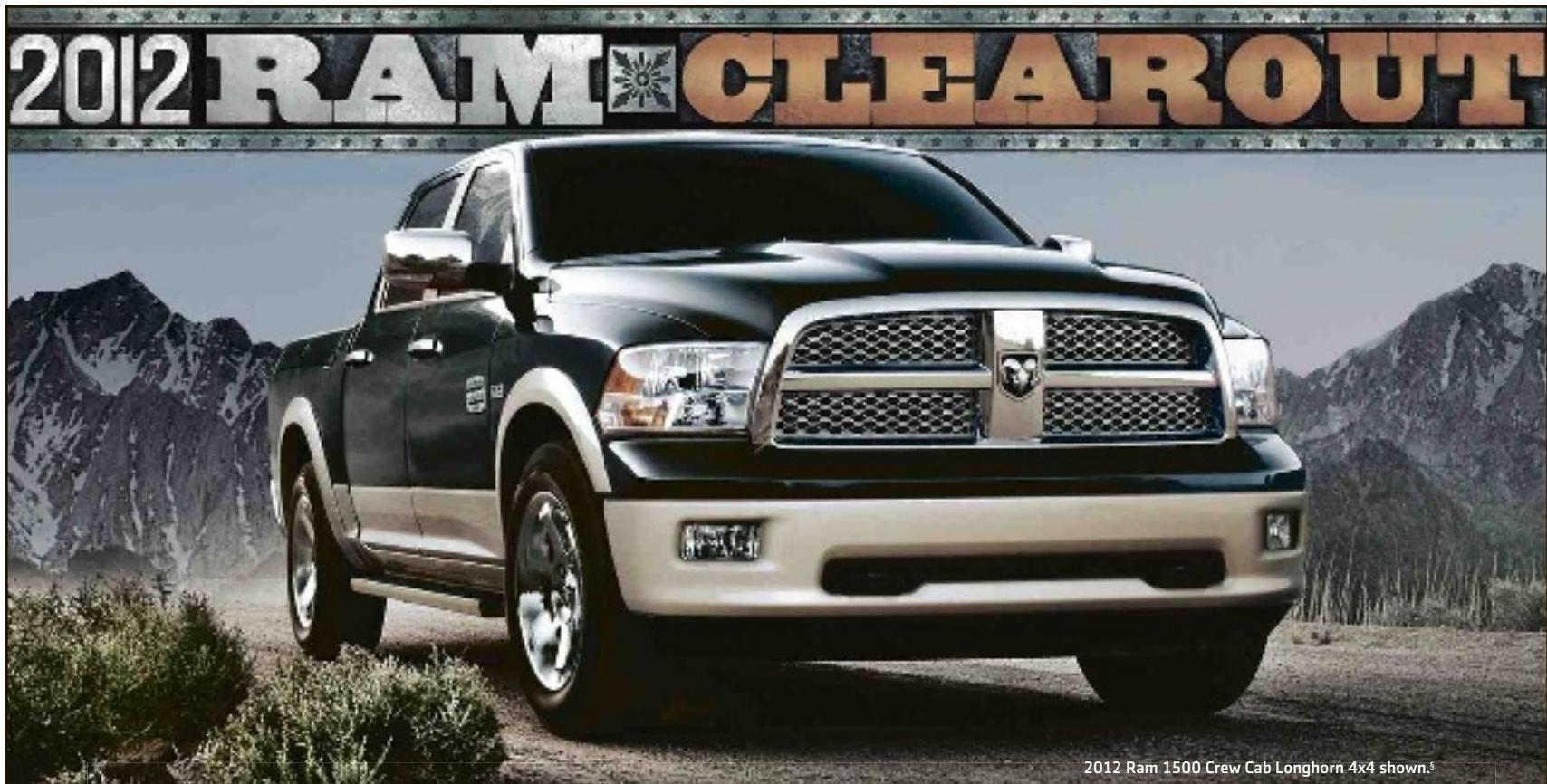
about 370 gallons per year per acre while sugar cane accounts for about 890 gallons per acre.

• **The future.** With 139 million square miles of ocean covering the earth's surface, and containing a volume of some 329 million cubic miles, there looks to be no shortage of future fuels from this promising process.



The humble seaweed could now be the material our vehicles are made of, and run, on in the future.

Wise customers read the fine print: • *T-1. S The 2012 Ram Clearout Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after September 1, 2012. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. Purchase Price applies to 2012 Ram 1500 Quad Cab SXT 4x4 (\$24,995) only and includes \$7,500 Consumer Cash Discount. *Consumer Cash Discounts are offered on select 2012 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. Example: 2012 Ram 1500 Quad Cab SXT 4x4 (\$24,995) with a Purchase Price of \$24,995 (including applicable Consumer Cash Discount) financed at 4.49% over 96 months with \$0 down payment, equals 208 bi-weekly payments of \$143 with a cost of borrowing of \$4,804 and a total obligation of \$29,796.51. Pricing excludes license, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2012 Ram 1500 Quad Cab SXT 4x4 (\$24,995) with a Purchase Price of \$24,995 (including applicable Consumer Cash Discount), tire levy and OMVIC fee. Pricing excludes license, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2012 Ram 1500 Quad Cab SXT 4x4 (\$24,995) with a Purchase Price of \$24,995 (including applicable Consumer Cash Discount), tire levy and OMVIC fee. Pricing excludes license, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2012 Ram 1500 Quad Cab SXT 4x4 (\$24,995) with a Purchase Price of \$24,995 (including applicable Consumer Cash Discount), tire levy and OMVIC fee. Pricing excludes license, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. Based on longevity of entire Ram pickup lineup compared to competitive pickups. Based on R. L. Polk Canada, Inc. Canadian vehicles in operation and new registrations for model years 1987 - 2011 as of June 30, 2011. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under license. ©Based on 2012 EnerGuide full-size truck V8 to V6 fuel economy comparison. *The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.



2012 Ram 1500 Crew Cab Longhorn 4x4 shown.⁵

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^aLimited time lease offers on a new 2013 Honda Accord LX (Model CR2E3DE) // 2012 Honda CR-V LX 2WD (Model RM3H3CE) available through Honda Financial Services Inc., on approved credit. Representative lease example: based on a 2013 Honda Accord LX (Model CR2E3DE) // 2012 Honda CR-V LX 2WD (Model RM3H3CE) on a 36 / 48 month term at 2.99% / 2.99% lease APR, the monthly payment is \$258.99 // \$288.99 [includes \$1,640 freight and PDI, EHF filters (\$29), EHF tires (\$1), A/C tax (\$100), and OMVIC fee (\$5)] with \$3,794 // \$3,879 down payment or equivalent trade-in, \$0 security deposit and first monthly payment due at lease inception. Total lease obligation is \$13,081.64 // \$17,702.52, 72,000 // 96,000-kilometre allowance; charge of \$0.12/km for excess kilometres. During the initial model launch period, dealer inventories of 2013 Accord models may be low. Dealer order may be required and delivery delays up to two months may be expected. ^bReceive 1.99% purchase financing on any new 2012 Honda Civic DX Sedan (Model FB2E2CEK) for a maximum of 84 months available through Honda Financial Services Inc., on approved credit. Bi-weekly Finance example: based on a 2012 Honda Civic DX Sedan (Model FB2E2CEK) equals 182 bi-weekly payments of \$97 over a 84 month term at 1.99% APR, complete price of \$16,520 [includes \$1,495 freight and PDI, EHF filters (\$29), EHF tires (\$1), A/C tax (\$100 except Honda Civic DX), and OMVIC fee (\$5)]. Excludes taxes, license, insurance, and registration. Cost of borrowing is \$1,190.42 for a total finance obligation of \$17,710.42. Down payment or equivalent trade-in on purchase financing offer may be required based on approved credit from Honda Financial Services Inc. ^c\$5,000 customer cash incentive is valid on any new 2012 Honda Pilot // 2012 Honda Ridgeline // 2012 Honda Crosstour models when registered and delivered between October 2nd and October 31st, 2012. Cash incentive is available for all Honda retail customers except customers who lease or finance through Honda Financial Services Inc. as a subtended rate of interest offered by Honda as part of a low rate interest program. All advertised lease and finance rates are special rates. Cash incentive will be deducted from the negotiated price before taxes. \$500 // \$750 Gas Card offer applies only to retail customer purchase or lease agreements for new 2012 Honda Civic // Honda CR-V models concluded between October 2nd and October 31st at participating Ontario Honda Dealers. \$500 // \$750 Gas Card offer includes GST, PST, HST, QST where applicable and consists of \$500 // \$500 Customer Incentive from Honda Canada Inc. for all 2012 Civic // 2012 CR-V models; plus \$250 Customer Incentive from individual Ontario Honda Dealers for 2012 CR-V models. For all offers: license, insurance, PPSA, and other taxes (including HST) are extra. Taxes payable on full amount of purchase price. Offers only valid for Ontario residents at Ontario Honda Dealers. Dealer may sell/lease for less. Dealer order/trade may be necessary. Vehicles and accessories are for illustration purposes only. Offers subject to change without notice. See your Ontario Honda Dealer or visit HondaOntario.com for full details. ^dDoes not replace the driver's responsibility to exercise due care while driving. ^eBased on Association of International Automobile Manufacturers of Canada (AIAMC) data reflecting sales between 1997 and December 2011. ^fText message and e-mail functions are only compatible with certain devices.



Michelin's Green X tire brand. PHOTO COURTESY OF MICHELIN

Increase safety and save on fuel with a wise tire choice

Driving Force. Look for the right balance when choosing rubber for your vehicle with maximum gas savings and tread life in mind

JIL MCINTOSH
drive@metronews.ca

it's a significant energy that you have to overcome."

Minimizing this friction has long been a factor in the design of most tires, but rising fuel prices and tighter government fuel economy standards are making low rolling resistance (LRR) even more important with tire manufacturers.

The major challenge is that tires involve a number of attributes, including tread wear longevity, road noise, and traction when braking or on wet roads. Manufacturers who concentrate too much on one attribute will compromise the others.

"Twenty per cent of the energy consumption on a car is to overcome the tires' rolling resistance," says Ron Margadonna, senior technical marketing manager for Michelin North America. "It's not the largest — aerodynamic drag is larger — but

Things to note

- Inflation.** No matter what tire you buy, proper inflation is the key to maximum fuel savings, tread life and performance. Check your tire pressure once a month.

- New breed.** Within a few years new tires will be sold with easy-to-understand labels that will rate their fuel efficiency, tread wear and safety for wet traction.

terms to maximize the tire's performance, including its fuel efficiency.

"The key is managing that energy as the tire deforms through its revolution, so there are advanced polymers that we're using," Margadonna says. "Comfort and noise levels have been improved in low rolling resistance tires." Michelin uses a "Green X" logo on the sidewalls of its tires that use these fuel-saving technologies.

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Horoscopes

Aries

March 21 - April 20

Things may get hot over the next 24 hours, but that's OK because you are the kind of person who thrives when the pressure is on. Just make sure you remember to keep thinking. Instinct alone won't be enough.

Taurus

April 21 - May 21

You may have to give ground to a rival today, simply because he or she is even more stubborn than you are! The planets warn that if you go toe-to-toe with them, it could be you who comes off second best.

Gemini

May 22 - June 21

If someone you work or do business with gets a bit aggressive today, you would be wise not to meet their challenge head-on. This is the kind of confrontation you cannot win, so be sensible.

Cancer

June 22 - July 23

You are in the kind of mood where you are quite prepared to turn your life upside down if you believe it is needed to bring success. You may be right, but don't go too far and get rid of everything.

Leo

July 24 - Aug. 23

You will get what you want today — one way or the other. But Mercury linked to power planet Pluto suggests you may upset a few people along the way. Do you care? That just has to be a stupid question.

Virgo

Aug. 24 - Sept. 23

Put the past behind you and focus on the future. There is no point dwelling on what might have been, and why would you want to when your current prospects are so good? Each day can be a new beginning.

Libra

Sept. 24 - Oct. 23

Do you have the guts to take some kind of gamble? If you do, it could well pay off — especially if you act decisively on what your inner voice tells you. Others will disagree, of course. But they know nothing.

Scorpio

Oct. 24 - Nov. 22

Mercury in your sign linked to your ruler Pluto means there is not a shadow of doubt in your mind, but others are not so sure you know what you are doing. Your task today is to find ways to convince them.

Sagittarius

Nov. 23 - Dec. 21

Seize the initiative today. Make your bid for fame and fortune. If you don't, you may look back later and wonder what might have been — and the worst part is, you will never know. Do something daring!

Capricorn

Dec. 22 - Jan. 20

Sometimes in life you have to make a decision and stick to it, and this is one of those times. Whatever you are called to act on today, you must be brave and you must be bold. Anything less invites failures.

Aquarius

Jan. 21 - Feb. 19

You know what needs to be done in your life, so get on and do it and don't worry about whether or not other people will approve. Remember: You don't have to please them — they have to please you.

Pisces

Feb. 20 - March 20

If you are happy with your life the way it is then fine. If, however, there are things you would like to change now is the time to start making plans. Make them big plans too. Don't limit your horizons.

SALLY BROMPTON

Miscellany

Across

- Permits (someone to do something)
- Chicken ____ king (2 wds.)
- Double-reed woodwind
- Skin soother
- Actor Alda, Ladd, or Rickman
- Witch
- "... was blind but now ____": Amazing Grace (2 wds.)
- It blows off the ocean
- Smell
- Curtails
- Predicament
- Conceals
- Not him
- Duress
- Northwest ____: sea route on the Canadian mainland's north coast
- When doubled, a dance
- Engraved with acid
- Ailments
- Arise anew
- ____ and Order
- Pig's nose
- Summers: Fr.
- Kidnapper's demand for money
- Society page adjective that means "born" in French
- Sang like a bird
- Disappear, like a hairline
- Not young
- Eucalyptus-loving marsupial of Australia
- Plant used to make poi
- Largest New Brunswick

city, whose spelling is sometimes confused with the capital of Newfoundland and Labrador (2 wds.)

56. Bay of ____: location of 52-Across

57. Crooned

58. *Garfield* comic strip dog

59. Signed, as a contract

60. Give's opposite

61. Evil grin

62. Close at hand

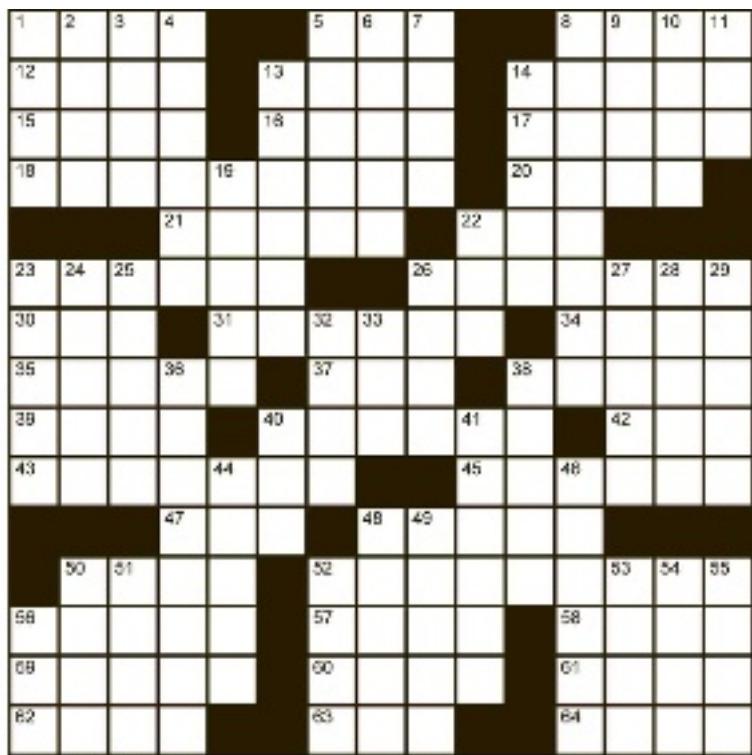
63. Bro's female counterpart

64. Defunct US gasoline brand still active in Canada

Down

- Refuge
- "If all ____ fails, read the directions"
- Baby's "piggies"
- Be boiling mad
- Wonderland girl
- Goes on and on
- Aardvark delicacies
- Has food delivered (2 wds.)
- Heckles
- Burden
- Always: poetic contraction
- Among
- Arrives
- Step part
- "I've ____ it with you!"
- Alternative to a nail
- 8th Greek letter, it comes before iota
- Grand Prix car
- Church benches
- By oneself
- Applied epoxy
- ____ Lauder: cosmetics and fragrance brand
- Dressed
- Solo of *Star Wars*
- Boundary that runs through four Great Lakes (2 wds.)
- Silvery food fish
- Valentine color

BY MICHAEL WIESENBERG



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Way
52. Former faster-than-sound jets: initialism
53. Wordsworth works
54. Goes quickly
55. Fiddler while Rome burned
56. Fish's steering mechanism

Yesterday's Crossword



What's online

See today's answers
at metronews.ca/
answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

4	3	7	5	8	1		
2						5	
		9				3	
9	7	6	5	4	2		
6	2	8	4	7	3		
						7	
6	2	4	7	1	8	5	9
1	9	3	6	5	2	4	8
9	7	5	4	3	1	6	2

4	7	5	8	1		
2						5
	9					3
9	7	6	5	4	2	
6	2	8	4	7	3	
						7
6	2	4	7	1	8	5
1	9	3	6	5	2	4
9	7	5	4	3	1	6

Today

14° / 9°
Sunny

Thursday

15° / 10°
Partly cloudy

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GET UP TO 34

MONTHS

ON SELECT MODELS

HIGHWAY
4.9L/100 KM
58 MPG*

Limited model shown

IT'S NO COMPETITION.

	2013 Hyundai Elantra Sedan L	2012 Honda Civic Sedan DX*
Fuel Economy	HWY: 4.9L/100km 58 mpg*	HWY: 5.4L/100km 52 mpg*
Horsepower	148 hp	140 hp
Passenger Volume	2,707L	2,677L
Cargo Volume	420L	353L
Basic Warranty	5-Year/100,000km	3-Year/60,000km

2012 CANADIAN & NORTH AMERICAN
CAR OF THE YEAR

2013

ELANTRA SEDAN

SELLING PRICE: \$17,480* ELANTRA L 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.\$99 OWN IT
WITH 0.99%[†] AND \$0
BI-WEEKLY PAYMENT
FINANCING FOR 84 MONTHS
DOWN PAYMENTHIGHWAY
4.9L/100 KM
58 MPG*

SE with Tech. shown

2013

ELANTRA GT

INCLUDES: DRIVER SELECTABLE STEERING (DSS) • AIR CONDITIONING
• 7 AIRBAGS • HEATED FRONT SEATS • CRUISE CONTROL • SIRIUS XM®
RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM • COOLED
GLOVE BOXSELLING PRICE: \$20,780* ELANTRA GT GL 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.OWN IT
\$118 WITH 0.99%[†] AND \$0
BI-WEEKLY PAYMENT
FINANCING FOR 84 MONTHS
DOWN PAYMENT
INCLUDES AIR CONDITIONINGHIGHWAY
4.9L/100 KM
58 MPG*

Tech. model shown

2013

VELOSTER

INCLUDES: AIR CONDITIONING • 7" LCD TOUCH-SCREEN MULTIMEDIA
SYSTEM WITH AM/FM/SIRIUS XM®/CD/MP3 PLAYER WITH 6 SPEAKERS
• REARVIEW CAMERA • BLUETOOTH® HANDS FREE PHONE SYSTEM
• 17" ALLOY WHEELS • iPOD®/USB/AUXILIARY INPUT JACKSSELLING PRICE: \$21,130* VELOSTER 6-SPEED MANUAL.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.0.9%[†] FOR 48
MONTHS
INCLUDES AIR CONDITIONINGHIGHWAY
5.6L/100 KM
50 MPG*

Limited model shown



2013

SONATA GL

INCLUDES: 6-SPEED AUTOMATIC TRANSMISSION • AIR CONDITIONING
• HEATED FRONT SEATS • AUXILIARY MP3/USB/IPOD® INPUT • SIRIUS XM®
RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEMSELLING PRICE: \$25,350* SONATA GL AUTO. INCLUDES \$350 PRICE ADJUSTMENT*.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.OWN IT
\$139 WITH 0%[†] AND \$0
BI-WEEKLY PAYMENT
FINANCING FOR 84 MONTHS
DOWN PAYMENT
INCLUDES AUTO & AIRHIGHWAY
7.2L/100 KM
39 MPG*

Limited model shown

2013

INTRODUCING THE ALL-NEW
SANTA FEINCLUDES: 19" ALLOY WHEELS • PANORAMIC SUNROOF • REAR
PARK ASSIST & REARVIEW CAMERA WITH 4.3" LCD SCREEN • REAR
DOOR SUNSHADES • HEATED STEERING WHEEL • COOLED FRONT
SEATS • HEATED FRONT & REAR SEATSSTARTING FROM: \$28,395* SANTA FE 2.4L FWD AUTO.
DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.SPECIAL INTRODUCTORY OFFER
0.9%[†] FOR UP TO 48
MONTHS
INCLUDES AIR CONDITIONING

HELPING KIDS GET IN THE GAME.

Hyundai Hockey Helpers provides grants for equipment and league fees
so over 1,000 deserving kids can play hockey and learn valuable life skills.5 YEAR
WARRANTY
100,000 KM
COMPREHENSIVE LIMITED WARRANTY*5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission WarrantyTo learn more visit your local Hyundai
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